

Cardigan du Matin

In Tunisian crochet

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Cardigan du Matin is a large and cozy shrug. It's the perfect piece to enjoy an intentional morning! This pattern can help you work your motivation and self esteem. How? By repeating affirmations, prayers or meditational words. So much better than counting endlessly, right?

As the textured stitch uses 3 chain stitches that go up like a ladder, you could make an affirmation about a goal or a dream and repeat it on each little bobble. In between the bobbles you could affirm the action you'll take or a personal strength that will lead to success. The plain rows can be used to simply feel the present moment, or pray. In the end you'll have a garment that reminds you of your goals and your strengths!

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Sizes

XS , (S, M, L, XL). To choose your size, take your bust measure:

34 in (85cm) = XS, 36 in (90cm) = S, 39 in (100cm) = M, 43 in (110cm) = L, 47 in (120cm) = XL

Material

3 (3, 4, 4, 5)balls of Katia Azteca Fine (3 1/2 oz / 295yds - 100g / 270m) , or Katia Azteca Fine Lux or another yarn that asks for a 4mm knitting needle.

- 6mm Tunisian Crochet needle or needed to obtain gauge. The needle should be 2mm larger than what's asked for in the yarn label.

- One K/6,5mm crochet hook for the foundation chain and for the bind off.

- One tapestry needle for finishing

Gauge swatch

14 sts x 13 rows = 4" square (10cm²) in pattern

Finished measurements (total height x total width):

XS: 37 1/2 in x 21 1/2 in (95.5 x 55 cm)

S: 40 in x 23 1/2 in (102 x 60 cm)

M: 43 1/2 in x 25 1/2 in (111 x 65 cm)

L: 47 in x 25 1/2 in (119 x 65cm)

XL: 50 1/2 in x 27 1/2 in (128 x 70 cm)

Informations

In Tunisian crochet each row is made by a forward pass and a return pass. We never work the first stitch of the forward pass (because the loop is already in the hook). The last stitch of the forward path is always worked as a tunisian simple stitch. If you don't want an oversized shrug, you can decrease the number of chain stitches by 4 or 8 stitches.

The shrug is obtained by a rectangle that is folded in half length wise. Then we sew the sides together leaving a hole on each side to form the sleeves.

If you need any more guidance, please have a look at the tutorial on my YouTube Channel: Accrochez vos Aiguilles: c'est parti! https://youtu.be/Rsn_L8zUMdA



Abbreviations

st = stitch

Tss= Tunisian simple stitch.

Tps= Tunisian purl stitch

ch= chain stitch

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With the larger crochet hook, ch 135 (143, 155, 167, 179) according to the size you're making.

1st Row - Forward Pass: With the 6mm Tunisian crochet hook, work a Tps on each bump on the back of the chain stitches starting on the second one . The last stitch is always worked as a Tss. Work the return pass.

2nd, 3rd e 4th Rows: Forward Pass: work the entire row in Tps except for the last stitch , which is made in Tss (as in ALL of the last stitches in the forward passes, so I'll just mention 1 Tss from now on). Work the return pass.

5th and 6th Rows - Forward Pass: 3 Tps and then work on Tss until there are only 4 sts to be worked. Make 3 Tps and 1 Tss. Work the return pass.

7th Row - 3 Tps, 3 Tss, [1 texturized stitch, 3 Tss] . Repeat the part between [] until there are only 4 sts to be worked. Make 3 Tps and 1 Tss. Work the return pass.



Texturized Stitch

In order to form the small bobbles, make one Tss and then chain on top of it. That's all! Any doubts? Watch the dedicated video on my Youtube Channel: Accrochez vos Aiguilles: c'est parti!

8th e 9th Row - Forward Pass: 3 Tps and then work on Tss until there are only 4 sts to be worked. Make 3 Tps and 1 Tss. Work the return pass.

10th Row - 3 Tps, 1 Tst, 1 Texturized st, [3 Tss, 1 texturized st] . Repeat the part between [] until there are only 5 sts to work., then make 1 Tss, 3 Tps and end with 1 Tss. Work the Return pass.

Continue working rows 5 to 10 until your work measures about 19".7 (21".7, 23".5, 25".5) / 50 (55, 60, 65) cm. Repeat the 5th and the 6th rows one more time and end with 3 rows of Tps. Bind off in Tps. (Doubts? Watch the Video!)

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Turn your rectangle into a shrug

Fold your rectangle length wise, right side against right side. To mark the sleeves, put a removable marker on each side, 6" (6.5, 7,7) inches - 15 (16.5, 18, 18) cm From the fold.

Sew (or single crochet together) the sides starting at the corners until the removable markers. (Don't sew the space between the fold and the marker...) Try it on. Finish it and use a tapestry needle to hide the ends. Be so proud of you.

I hope that you enjoyed making this project and that it will help you start your days on the right foot! Please share your pics on social media, I can't wait to see them...

Instagram: #cardigandumatina from @accrochezvosaignilles .

Ravelry: Aiguille Accrochee

